



Personal Social and Emotional Development

Progression Document

Self-Regulation						
	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
	Autumn Term		Spring Term		Summer Term	
Foundation 1	Children will separate from main carer to come into Foundation 1.	Children will show confidence in visiting the local church. Children will know what adults can help them in Foundation 1.	Children will begin to show confidence walking around our local area.	Children will show confidence walking around our local area.	Children will become confident with visitors in Foundation 1.	Children will show confidence on our educational visit.
	Stage 7	Stage 8	Stage 9	Stage 10	Stage 11	Stage 12
	Autumn Term		Spring Term		Summer Term	
Foundation 2	Children will see themselves as unique by sharing their hobbies and interests. To focus during short whole class activities To talk about how they are feeling – using happy, sad, upset, angry, scared	Children will know how to be helpful by taking on jobs such as serving snack and washing up. To begin to consider the feelings of others	Children will know how to make the right choice and the consequences of not doing so.	Children will know the effects of their behaviour on others.	Children will know to use the calm corner when they are feeling upset/angry.	Children will know how to overcome challenges, using books such as 'The Most Magnificent Thing'.

Managing Self						
	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
	Autumn Term		Spring Term		Summer Term	
Foundation 1	Children will know the class rules: - Looking eyes - Listening ears - Lips closed Children will choose activities and resources with help when needed Children will know to wash and dry their hands before eating and after using the toilet.	Children will know how to look after resources using the tidy music	Children will develop their sense of responsibility to caring for the community and tidying up after themselves	Children will know to exercise to be healthy.	Children will know how to calm themselves by stopping and taking deep breaths. Children will know examples of healthy food.	Children will know how to independently use the toilet. Children will know to drink water to be healthy.
	Stage 7	Stage 8	Stage 9	Stage 10	Stage 11	Stage 12
	Autumn Term		Spring Term		Summer Term	
	Children will begin to know the school rules Children will know how to be a safe pedestrian and why this is important. With support children begin to take turns with others Children will get changed for P.E with support Children will explore different areas within the EYFS environment	Children will know the school rules Children will know how healthy eating is important for their health. To put P.E kit on independently To put coat and socks on independently Children will take turn with others	Children will know how regular teeth brushing is important for their health.	Children will know what a sensible amount of screen time is and why this is important for their health.	Children will know about the importance of a good sleep routine for their health.	Children will know how regular exercise is important for their health.

Building Relationships						
	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
	Autumn Term		Spring Term		Summer Term	
Foundation 1	Children will know how to play alongside each other	Children will share resources	Children will play in a group.	Children will take turns whilst playing and waiting patiently to have a go.	Children will know how to play partner games.	Children will know how to listen to a friend and agree a compromise. Children will consider the feelings of others in stories such as Titch
	Stage 7	Stage 8	Stage 9	Stage 10	Stage 11	Stage 12
	Autumn Term		Spring Term		Summer Term	
Foundation 2	Children will know how to identify their feelings, using books such as 'The Colour Monster' to support understanding.	To play with children who are playing with the same activity and take turns with others To begin to develop friendships	Children will know how to treat others in our class using the statement 'Kind hands and kind words'. Children will know how to listen to others with respect.	Children will be able to describe what makes a good friend including attributes such as listening and sharing.	Children will know how to express their opinion and understand it is okay to have a different opinion to their friends.	Children will know how to resolve a problem by talking it through with a friend or adult.