



Physical Development

Skills Progression for Gross Motor Skills

	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6
	Autumn Term		Spring Term		Summer Term	
Foundation 1	Collaborate with others to manage large items, such as moving a long plank safely, carrying large hollow blocks.	Use large -muscle movements to wave flags and streamers, paint and make marks on a large scale.	Gain increasing control of their bodies when running, and jumping	Children will learn to gain increasing control of their bodies when standing on one leg.	Children will learn to gain increasing control of their bodies when hopping	Children will learn to gain increasing control of their bodies when skipping. Climb the climbing frame
	Stage 7	Stage 8	Stage 9	Stage 10	Stage 11	Stage 12
	Autumn Term		Spring Term		Summer Term	
Foundation 2	Can run, stop and change direction showing control of body.	Can consistently jump and hop with control of body.	Explores different ways to travel using large scale equipment.	Begins to develop accuracy with controlling a manipulating large equipment	Control and manipulates large equipment with consistency.	Consistently negotiates space and obstacles safely.